

Your Essential Italy Packing List

Electronics

- Universal power adapter
- Portable battery pack/ power bank
- [eSIM](#) card
- Headphones
- Camera

Documents

- Valid photo ID
- Passport
- Boarding passes
- Travel insurance/medical insurance card
- Medical prescriptions
- Credit/debit cards
- Euros

Medications

- Prescription medication
- Personalized first-aid kit
- Pain relief medication
- Motion sickness tablets
- Allergy medicine
- Antacids
- Cold and flu pills

Clothing

Year-round

- Socks and underwear
- Workout clothes

- T-shirts
- Multiple outfits to mix and match
- Light scarf for religious sites
- Dress pants
- Dress shirts
- Dresses
- Accessories (belts, handbags, jewelry, sunglasses)

Spring

- Casual shorts and skirts
- Lightweight raincoat
- Cardigan
- Handkerchief
- Layered clothing
- Jean jacket
- Pants
- Shirts and blouses
- Vest

Summer

- Bathing suits
- Bathing suit cover-ups
- Sun hat
- Tank tops
- T-shirts
- Dresses
- Collared shirts
- Shorts
- Short sleeve dress shirts and light blouses

Fall

- Raincoat
- Cardigan
- Lightweight sweater
- Layered clothing

- Jacket
- Pants
- Shirts and blouses
- Vest
- Long-sleeve shirts
- Scarf
- Hat

Winter

- Thermal layers
- Winter jacket
- Long pants
- Thermal socks
- Warm clothing
- Lotion for dry skin
- Insulated boots
- Hand warmers
- Winter hat
- Scarf
- Gloves

Toiletries

- Body wash
- Shampoo and conditioner
- Moisturizer (face and body)
- Deodorant
- Lip balm with SPF
- Hand sanitizer
- Toothbrush and toothpaste
- Face wash
- Hairbrush or comb
- Hair ties or clips
- Tweezers
- Wet wipes
- Nail clippers and file

- Perfume or cologne
- Razor and shaving cream
- Floss and mouthwash
- Makeup and makeup remover
- Cotton swabs and cotton balls
- Feminine hygiene products

Footwear

- Comfortable walking shoes
- Dressy sandals
- Trainers
- Hiking boots or trail shoes
- Dress shoes
- Insulated boots

Beach essentials

- Sunscreen
- Anti-UV clothing
- Sunglasses
- Sun hat
- Waterproof phone case
- Reusable water bottle
- Beach towels, mats, or blankets
- After-sun lotion
- Flip-flops